Installing the Strava app

- Download the Strava app.
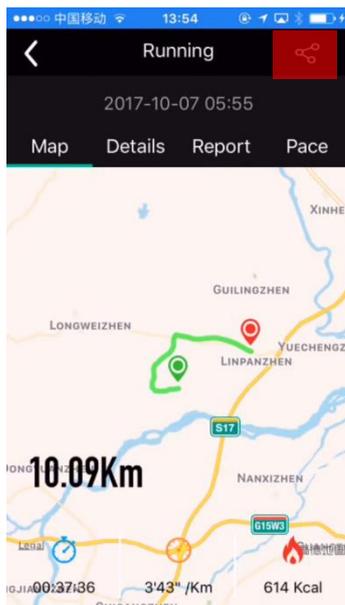
 Via the Google Play Store or the App Store

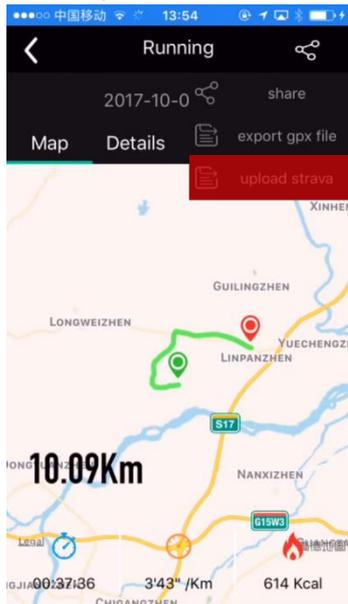# Connecting the Strava app with the Orunning app

- Open the Orunning app.
- Select the Activity panel.
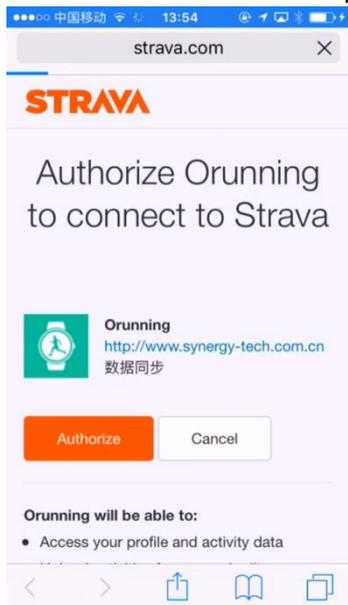- Select the activity you wish to export.
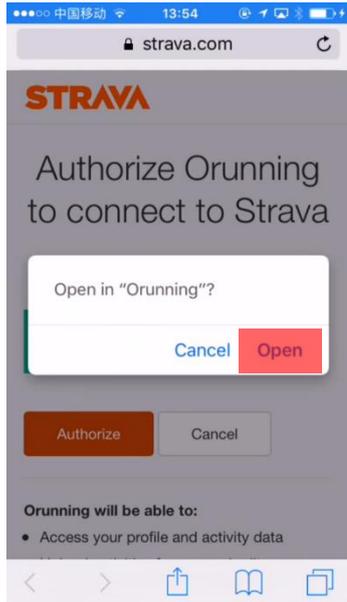

- Select the ⌇ icon.

- Select upload strava.

- The app opens the internet browser automatically.

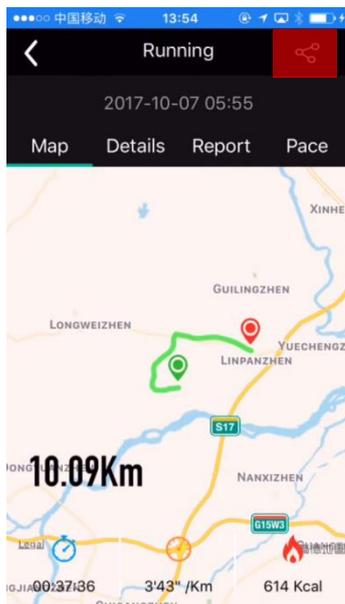- Select Authorize on the webpage.

- Press Open.

- The internet browser will close and the Orunning app opens.

- The Strava app is successfully connected with the Orunning app.
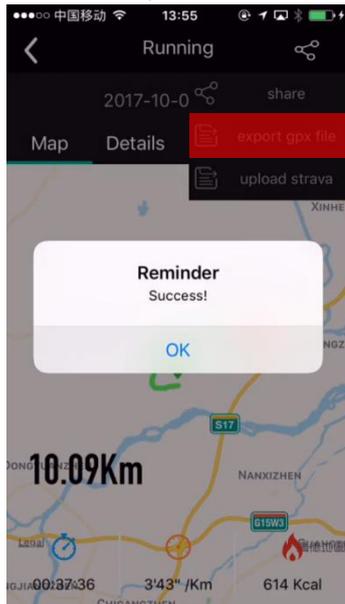
Uploading an activity to the Strava app

- Open the Orunning app.
- Select theActivity panel.
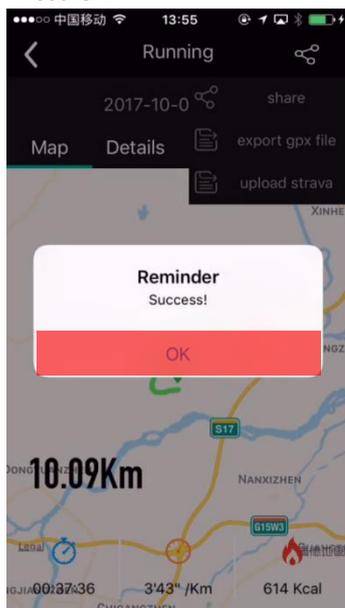- Select the activity you wish to export.

- Select the ⤳ icon.

- When the upload is succesfull, the here below pop-up will show.

- Press OK.

- The activity is succesfully uploaded to the Strava app.

- Close the Orunning app.